

FRESUBIN® 2KCAL FIBRE DRINK

DESCRIPTION

A flavoured liquid consisting of protein (milk) vegetable oils (rapeseed oil, sunflower oil), carbohydrates (glucose syrup and sucrose), fibre (inulin and wheat dextrin*), vitamins, minerals and trace elements. *chocolate flavour (inulin and cocoa powder)
Lactose and gluten free.

PRESENTATION

Fresubin® 2kcal fibre is a high energy 2 kcal/ml, high protein sip feed with fibre, rich in vitamins and trace elements.

Fresubin® 2kcal fibre is ready to use and presented in a 200ml bottle with straw. It is available in a choice of six flavours: chocolate, vanilla, cappuccino, lemon, apricot-peach and neutral.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED

NOT SUITABLE FOR INFANTS UNDER ONE YEAR OF AGE

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

INDICATIONS FOR USE

Fresubin® 2kcal fibre is prescribable on FPIO/GPIO for the following indications: short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven inflammatory bowel disease, following total gastrectomy, bowel fistulae, disease related malnutrition, continuous ambulatory peritoneal dialysis (CAPD) and haemodialysis.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: 3 x 200ml bottles per day will provide 1200 kcal and 60g protein and contains all essential micronutrients (excluding electrolytes).

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

24 x 200ml bottles.

SHELF LIFE

15 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 20% Fat 35% Carbohydrate 43.5% Fibre 1.5%

ORDER CODE

Chocolate: 7260601

Vanilla: 726601

Cappuccino: 7261601

Lemon: 7103601

Apricot-Peach: 7263601

Neutral: 7146601

INGREDIENTS

CHOCOLATE FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), cocoa powder (fat reduced), maltodextrin, potassium citrate, flavouring, emulsifiers ([soya lecithin](#), E471), sodium chloride, sodium carbonate, vit. C, stabilisers (E460, E466, E407), potassium carbonate, iron pyrophosphate, magnesium oxide, niacin, zinc sulphate, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

VANILLA FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavourings, [wheat dextrin](#), potassium citrate, emulsifiers ([soya lecithin](#), E471), sodium chloride, potassium carbonate, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

CAPPUCCINO FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), flavourings, maltodextrin, [wheat dextrin](#), potassium citrate, emulsifiers ([soya lecithin](#), E471), sodium chloride, potassium carbonate, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

LEMON FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, [wheat dextrin](#), potassium citrate, flavourings, emulsifiers ([soya lecithin](#), E471), sodium chloride, potassium carbonate, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

APRICOT-PEACH FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavourings, wheat dextrin, potassium citrate, emulsifiers ([soya lecithin](#), E471), potassium carbonate, sodium chloride, acidity regulator (E507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

NEUTRAL FLAVOUR

Water, glucose syrup, [milk protein](#), vegetable oils (sunflower oil, rapeseed oil), inulin (from chicory), maltodextrin, wheat dextrin, potassium citrate, emulsifiers ([soya lecithin](#), E471), potassium carbonate, acidity regulator (E507), sodium chloride, sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₉, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Kosher and Halal approved.

Date of Preparation:
June 2018

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	200 (840)	400 (1680)
PROTEIN g	10	20
CARBOHYDRATE g	21.7 - 21.8*	43.4 - 43.6*
Of which sugars g	3.3 - 5.9*	6.6 - 11.8*
Of which lactose g	≤0.3	≤0.6
FAT g	7.8	15.6
Of which saturated fatty acids g	0.6/0.7 ¹	1.2/1.4 ¹
Of which polyunsaturated fatty acids g	1.4	2.8
Of which monounsaturated fatty acids g	5.8	11.6
FIBRE g	1.5/1.6 ¹	3/3.2 ¹
SALT g	0.15	0.3
WATER ml	68/70 ¹	136/140 ¹
OSMOLARITY mosmol/l		505-650*
OSMOLALITY mosmol/kg H ₂ O		750-950*

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	60 (2.6)	120 (5.2)
POTASSIUM mg (mmol)	160 (4.1)	320 (8.2)
CHLORIDE mg (mmol)	60 (1.7) ¹ / 80 (2.3)	120 (3.4) ¹ / 160 (4.6)
CALCIUM mg (mmol)	205 (5.1)	410 (10.2)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	16 (0.7)	32 (1.4)
IRON mg	2.5	5
ZINC mg	1.6	3.2
COPPER µg	375	750
MANGANESE mg	0.5	1
IODINE µg	37.5	75
CHROMIUM µg	12.5	25
MOLYBDENUM µg	18.8	37.6
FLUORIDE mg	0.25	0.5
SELENIUM µg	13.5	27

VITAMINS	Per 100ml	Per 200ml
VITAMIN A µgRE	150	300
BETA-CAROTENE µg	375	750
VITAMIN D µg	2.5	5
VITAMIN E mgαTE	3.75	7.5
VITAMIN K µg	21	42
VITAMIN B ₁ mg	0.3	0.6
VITAMIN B ₂ mg	0.4	0.8
NIACIN mgNE	3.75	7.5
VITAMIN B ₆ mg	0.43	0.86
VITAMIN B ₁₂ µg	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN µg	9.4	18.8
FOLIC ACID µg	62.5	125
VITAMIN C mg	18.8	37.6

TYPICAL FATTY ACID PROFILE	g per 100ml	
	Choc	L, V, Cap, N
C14:0 Myristic acid	-	<0.01
C16:0 Palmitic acid	0.36	0.34
C18:0 Stearic acid	0.25	0.22
C18:1w9 Oleic acid g	5.5	5.53
C18:2w6 Linoleic acid g	1.09	1.11
C18:3w3 α-Linolenic acid g	0.26	0.27

TYPICAL AMINO ACID PROFILE	g per 100ml	
ESSENTIAL		
Lysine	0.83	0.84
Threonine	0.46	0.46
Methionine	0.28	0.29
Phenylalanine	0.52	0.52
Tryptophan	0.14	0.14
Valine	0.72	0.73
Leucine	0.99	1.01
Isoleucine	0.56	0.57

CONDITIONALLY ESSENTIAL		
Tyrosine	0.56	0.57
Cysteine	0.05	0.05
Taurine	-	-
Histidine	0.29	0.30
Arginine	0.37	0.37
Glutamine	0.91	0.94
NON-ESSENTIAL		
Glycine	0.19	0.19
Alanine	0.33	0.33
Proline	1.01	1.03
Serine	0.61	0.62
Glutamic acid	1.28	1.28
Aspartic acid and Asparagine	0.91	0.92

TYPICAL CARBOHYDRATE PROFILE	g per 100ml				
	L	V	Choc	Cap	N
Glucose	0.48	0.47	0.46	0.50	0.55
Fructose	0.06	0.06	0.04	0.06	0.06
Maltose	2.02	1.96	1.97	2.02	2.32
Saccharose	2.56	3.06	3.05	2.26	0.06
Lactose	≤0.3	≤0.3	≤0.3	≤0.3	≤0.3
Oligo-/polysaccharides	16.33	16.61	15.73	16.61	18.5
Starch	-	-	0.16	-	-

* Depending on flavour

¹ Chocolate

L - Lemon

V - Vanilla

Cap - Cappuccino

Choc - Chocolate

N - Neutral